

## Congo Medical Supply Kits

### Midwife Kits:

1. One 36" square of muslin
2. Two 20" x 30" towels (absorbent cotton or linen toweling), old tablecloths or flour sacks
3. Two light-weight wash cloths
4. Ten six-inch lengths of selvedge for cord tie
5. Two bath size bars of Ivory soap (non-perfumed, non-drying)
6. One package double-sided razor blades
7. All items must be packed in a two-gallon Ziploc bag

### Baby Lavettes:

1. Bonnets: use same type of material as jacket. Patterns available from [freyla@sasktel.net](mailto:freyla@sasktel.net)
2. Jacket: Newborn sizes (5-7 1/2 pounds) short length, flannel or any washable material (do not use brushed nylon)
3. Blanket: Use same type of material as jacket. One-yard square, hemmed  
**Note:** 1-1/3 yards (1 1/4 m.) of 45" flannelette will make a bonnet, jacket and blanket

### Bandages:

- Roll bandages from used sheets (both colored and white). Check with hotels or hospitals for possible supply of sheets
- Remove all hems and selvages. Tear lengthwise into strips 2" to 4" wide. Strips of the same width should be sewn together to make bandages from 3 yards to 5 yards long. To do this, sew end to end with ends overlapping 1". Use small running stitches or machine sew. Joined ends should not have any folds or tucks. Ends may be sewed together using a serger.
- Roll as tightly as possible. Finished rolls can be fastened with safety pins, rubber bands, string or selvedge. Pack bandage rolls of the same width together in a plastic bag.

### Surgical Towels:

- Use linen, toweling cotton or another non-lint, absorbent material. Cut 16" x 32" or 18" x 30". Hem turned only once and hemmed with a zigzag stitch makes for faster drying than double-turned hem.

### Gauze Squares:

- 3" x 3" and 4" x 4"

### Linen/Cotton Tablecloths, Napkins:

- send as is, they will cut to the size needed for bandages and towels

*“Don't forget to do good and to share what you have with those in need, for such sacrifices are very pleasing to God.”  
Hebrews 13:16(NLT)*

**CONGO HOSPITAL SUPPLIES – PACKING LIST**

**Ship UPS to:  
Brethren Service Center Annex  
601 Main Street  
New Windsor, MD 21776**

<b>Quantity</b>	<b>Items (Articles)</b>	<b>Value</b>
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**Person Responsible** \_\_\_\_\_

**OVERSEAS SHIPPING CHARGES are currently \$2.50 per pound. We ask that you please send a minimum of \$2.00 per pound to partially cover these fees. Please make checks payable to: Women Ministries of ECCC designated “Congo Shipping Fund” and send to:**

**Women Ministries  
5101 North Francisco Avenue,  
Chicago, IL 60625**